

COSHH Assessment Template (UK)

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1. Assessment details

Substance / product name

Supplier

SDS reference & date

Site / activity

Assessed by (competent person)

Assessment date

Review date

2. Hazard classification

Copy from the SDS Section 2. Include CLP pictograms, hazard statements (H-codes) and precautionary statements (P-codes) that apply to how it's used on this job.

CLP pictograms

H-statements

P-statements

Workplace exposure limit (WEL)

3. Use on this job

Quantity used per shift

Frequency

Duration of exposure

Number of people exposed

Activity (mixing / spraying / cutting)

4. Exposure routes

Route	How exposure could occur	Who is exposed
Inhalation		
Skin		
Eyes		
Ingestion		

5. Controls (hierarchy)

Work down the hierarchy: eliminate, substitute, engineer, admin, PPE. Do not jump to PPE first.

Level	Control chosen	In place? (Y/N)
Eliminate		
Substitute		
Engineering (LEV, ventilation)		
Administrative (training, rotation)		
RPE / PPE (specify grade)		

6. Health surveillance

Required? (Y/N + basis)

Who conducts it

Frequency

Records held by

7. Emergency arrangements

First aid (eye / skin / inhalation /
ingestion)

Spill kit location

Fire (extinguisher type)

Notify / RIDDOR trigger

Nearest A&E;

8. Briefing & sign-on

Name	Role	Signature	Date briefed

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